### Rayders Wrestlers Battle in Rudyard Bridge Brawl; Area Hoops Teams Compete — **Sports**



# Charlevoix December 21, 2017 CHASTORIAN DECEMBER 21, 2017 CHASTORIAN DECEMBER 21, 2017

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### Beaver Island resident wins \$500,000 with lottery ticket



Rose Hockey, 56, of Beaver Island, won half a million dollars on a ten dollar Michigan Lottery scratch off ticket she purchased at a Charlevoix gas station earlier this month.

By Michelle Medjesky

BEAVER ISLAND - When Rose Hockey left her home on Beaver Island recently and went to the mainland to buy a new washer and dryer, she couldn't have imagined how much she would really clean up.

Hockey, 56, this month won \$500,000 on a ten dollar Michigan Lottery scratch-off ticket she bought at the Charlevoix Mobil Gas Station located at 1460 Bridge Street.

Hockey said she'd stopped

at the gas station when she got to Charlevoix and bought a few instant tickets, which she took back to her car to scratch off. She found she'd won "a few bucks" so she took her winnings back inside the gas station and purchased aa Platinum Wild Time Ticket, which is a ten dollar scratch-off.

"I saw the star symbol and then slowly scratched the prize off," she said, "When I saw I won \$500,000, it took my breath away."

See **Lottery** —Page 4A

## deputies that resulted in a shootout with police. Jared Martin was sentenced to six months in jail earlier this year and his father was found guilty last week of assault with a deadly weapon and is now awaiting sentencing.

man headed

to prison, but

Jared Martin, left, and his father,

October 2016 incident with sheriff's

By Michelle Medjesky

not for life

CHARLEVOIX - It took a jury just more than an hour to find a Charlevoix man not guilty of assault charges that could have landed him in prison for life but guilty of other charges that could still result in him serving several years in prison.

Last week a jury in Charlevoix County found Steve A. Martin, 64, of Charlevoix, not guilty of a felony charge of assault with intent to murder, which carried a maximum sentence of life in prison. The jury did, however, find Martin guilty of a lesser charge of assault with a dangerous weapon, which is also a felony but carries a possible sentence of up to four years in prison.

The charges stem from an incident that occurred on October 21, 2016 in Charlevoix County during which Martin and his son, Jared, were involved in a shoot-out with sheriff's deputies.

According to affidavits filed in the case, the incident occurred around 7:30 p.m. that Friday night when Charlevoix County Deputy Nathan Kaminski initiated a routine traffic stop on Jared Martin in Hayes Township along See Road near Boyne City/Charlevoix Road.

Court documents show that Kaminski pulled the younger Martin over for driving a vehicle with a broken tail light and flat tire. Deputies also observed an open brandy bottle on Martin's dashboard and a Breathalyzer test administered at the scene revealed Martin blew a .17 alcohol content, more than twice the state legal limit of .08.

As they were arresting Jared Martin, his father, Steve A. Martin, arrived at the scene driving a 1998 Chevrolet truck. Jared Martin then began to resist arrest and struggled with Kaminski and another deputy and Kaminski used his Taser on the suspect.

At that point, court documents state that eyewitnesses at the scene reported Steve Martin "floored it" and drove his truck in the direc-

# Boyne City receives Financial Reporting Excellence awards

The City of Boyne City, at their regular City Commission meeting held Tuesday, December 12, was presented with the Government Finance Officers Association's (GFOA) Certificate of Achievement for Excellence in Financial Reporting. Accepting the award on behalf of Boyne City and the Boyne City City Commission was Mayor Tom Neidhamer and Boyne City City Clerk and Treasurer Cindy Grice was presented the GFOA's Award of Financial Reporting Achievement. The awards were presented by Joe Verlin of the auditing firm of Gabridge & Company of Grand Rapids and Traverse City

Mr. Verlin stated, "I am honored to be here today on behalf of the Government Finance Officers Association to present the Certificate of Achievement for Excellence in Financial Reporting to the City of Boyne City. The Certificate of Achievement Program has been in operation since 1946. The purpose of the program is to encourage and assist governments to prepare financial reports of the highest quality for the benefits of citizens and other parties with a vital interest in a Government's Finances. During the half century the program has operated, it has gained widespread recognition as the premier indicator of excellence in

See **Awards** – Page 5A



Accepting the award on behalf of Boyne City and the Boyne City City Commission was Mayor Tom Neidhamer (at left) and Boyne City City Clerk and Treasurer Cindy Grice (at right) was presented the GFOA's Award of Financial Reporting Achievement. The awards were presented by Joe Verlin (center). COURTESY PHOTO

#### Award presentation remarks from Joe Verlin

I am honored to be here today on behalf of the Government Finance Officers Association to present the Certificate of Achievement for Excellence in Financial Reporting to the City of Boyne City

The Certificate of Achievement Program has been in operation since 1946. The purpose of the program is to encourage and assist governments to prepare financial reports of the highest quality for

the benefits of citizens and other parties with a vital interest in a Government's Finances.

During the half century the program has operated, it has gained widespread recognition as the premier indicator of excellence in Governmental Accounting and Financial Reporting.

See **Remarks** – Page 5 A



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See **Sentencing** ... Page 5A

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#### snowfall

12/18/2017....6.8

12/12/16 .....14 12/18/2017 ..... 31 12/12/16 ....8.2 12/18/2017.....23 12/18/2017 ..17.8 12/12/16 ....9.2 12/12/16...21.9 12/18/2017 ..41.8 12/12/16 .....39 12/18/2017 ..... 52 12/12/16...46.3 12/18/2017 ..34.8 12/12/16 .....14 12/18/2017 ..19.5 12/12/16...11.1 12/18/2017....7.9 12/12/16...14.4 12/18/2017 ... 22.8 12/12/16...24.5 12/18/2017 ..41.7

**ATLANTA BOYNE FALLS CHARLEVOIX** CHEBOYGAN **EAST JORDAN GAYLORD KALKASKA** LEWISTON MIO

**ONAWAY PETOSKEY** 

### record temps

DEC 21 ..18° ...32° ...-14° (1975)..53° (1967) DEC 22 ..18° ...32° .....0° (1989)..55° (1957) DEC 23 ..17° ...31° ....-9° (1989)..52° (1957) DEC 24 ..17° ...31° ...-14° (1969)..52° (1994) DEC 25 ..17° ...31°...-15° (1958)..58° (1982) DEC 26 ..16° ...31° ....-9° (1993)..49° (1982) DEC 27 ..16° ...31° ...-18° (2004)..50° (1994) DEC 28 ..16° ...30°...-31° (1976)..57° (1984) DEC 29 ..16° ...30°...-21° (1976)..56° (1984) DEC 30 ..15° ...30° ...-24° (1976)..46° (2004)

#### Wayne O. Saunders, 87

(AUG. 6, 1930 - DEC. 14, 2017)

Wayne O. Saunders of Charlevoix went to be with his Lord on December 14, 2017 at Boulder Park Ter-

race in Charlevoix.

Wayne was born on August 6, 1930 in Charlevoix to the late Oakley and Audria (Yahr) Saunders. He was born and raised on the family farm. He graduated from Michigan State College graduating with a two year elevator farm supply course. Wayne and his wife Sally began their own farm where they raised chickens, cows and kids. Wayne was a board member for Charlevoix **County Road Commission** for 22 years and also delivered bread for Michigan Bakeries for 8 years. He also drove school bus for 10 years for the Char-Em School District. He was a member of the Barnard United Methodist Church, Charlevoix County Soil Conservation Board for 20 years, Northern Michigan Beef Breeders Association as president for 25 years, Charlevoix County Farm Bureau since the age of 18 and was supervisor for Eveline

Township for 8 years. On August 5, 1950 in Boyne City, Wayne married Sally J. McNeal who survives. He is also survived by his daughters, Virginia (Richard) Metzger of Durham, NC, Susan (Mark) Schwenke of Pound, WI, Diane (Gifford) Lawson of San Luis Obispo, CA; daughter-in-law, Dorothy

(Dennis) Saunders-Dies of Indian River; 15 grandchildren; 14 great-grandchildren; sisters-in-law, Betty (Herbert) Griffin of East Jordan and Marjorie (Saunders) Doernenburg of Petoskey and many nieces and nephews.

He was preceded in death by his parents, son, Blain and brother, Milford Saun-

Funeral services were held on Monday, December 18, 2017 at Barnard United Methodist Church with Pastor Craig Pahl officiating. Interment in Brookside Cemetery in Spring 2018. Memorial Contributions may be directed to Barnard United Methodist Church or Salvation Army.

The family would like to thank all of the staff at Boulder Park Terrace, Northwest Hospice and Pastor Craig Pahl for all of their love and

Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes. Online guestbook at

www.mortensenfuneralhomes.com.

#### Nancy Ann (Lorimer) Hammontree, 75

(JULY 22, 1942 - DEC. 14, 2017)

Nancy Ann (Lorimer) Hammontree, passed awav peacefully in her home on December 14, 2017 in Boyne City, Michi-

Nancy is survived by her

daughter Shawn; son Brad; daughter-in-law Molly; sister June; brother Drew and numerous grandchildren and great grandchildren. Nancy is preceded in death

by her husband Robert Hammontree, Sr; parents Andrew and Joy Lorimer.

Nancy was born on July 22, 1942 in Chicago, IL to Andrew and Joy Lorimer. She attended Olivet College and raised her two children Shawn and Brad, with her husband Robert at their home in Boyne City.

Nancy was a loving wife, mother and grandmother. Nancy was an accomplished Genealogist; completing family histories for any friend or relative who expressed an interest.

Burial has taken place at Maple Lawn Cemetery in Boyne City and a small private family ceremony was held at Stackus Funeral

Home in Boyne City. Family and friends wishing to share a thought or memory of Nancy are encouraged to do so online at www.stonefuneralhomeinc.c om.

#### Joan B (Lumley) Jackson, 87

(JUNE 20, 1930 - DEC. 18, 2017)

Joan B Jackson of Boyne City passed away peacefully Monday, December 18, 2017 at Mallard Cove in Petoskey.

Joan was born on June 20, 1930 on the family farm in Boyne City the daughter of Bert and Helen (Hardy) Lumley. She grew up in Boyne City and graduated from Boyne City High School. On April 24, 1962 she married Harold Jackson.

She is survived by her step-son Bob Jackson; two sisters Linda (John) Juday and Juanitta (Norm) Conklin.

Joan is preceded in death by her parents Bert and Helen; sisters Cleo (Ed) Hoffman and Bonnie (Al) Campbell and husband Harold Jackson.

A funeral service will be held 4:00 PM Friday, December 22nd at Stackus Funeral Home in Boyne City with a visitation being held from 3:00 PM until the time of service. Burial will take place at Maple Lawn Cemetery at a later date.

The family would like to thank all the wonderful staff at Mallard Cove for taking great care of Joan the past several years.

Family and friends wishing to share a thought or memory are encouraged to do so online at www.stonefuneralhomeinc com

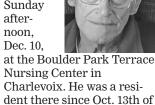
#### Elwood "Woody" Austin, 91

12/12/16...12.8

(JULY 10, 1926 - DEC. 10, 2017) Elwood "Woody" Austin

passed away peacefully on Sunday afternoon. Dec. 10,

**OBITUARIES** 



this year. Woody was born in Merrill, Wisconsin in 1926. He was the youngest of 2 brothers and 4 sisters all of whom have preceded him in death. He graduated from High School in 1944, having enlisted in the Navy the year before. The day after graduation he entered Great Lakes Naval Boot Camp. Woody served on the aircraft carrier, Bonne Homme Richard, as an open gun mount Captain on the flight deck in

1945. He was discharged at

Bremerton, WA. in 1946. After the war, Woody started his career as a pharmaceutical representative and then worked for Benson Optical for many years on the road in Wisconsin and Northern Michigan. While working in Petoskey, he met Vernie Schneider McDonald and fell in love. Woody and Vernie were married on Feb. 4, 1967 and spent 34 wonderful years together. In the early 70's he became the manager of the then Burn's Clinic Optical Department retiring in 1991.

Woody was a very active member of the Lions Club in Petoskey, becoming King Lion in the 70's. He moved to the Boyne City area and enjoyed being a member of Boyne Valley Lions Club in 2005. Woody was instrumental in establishing the Eye Bank of Northern Michigan. At that time, there were no systems of fast deliveries, so the donated eyes and corneas were placed in an insulated container and transported from county to county by the Sheriff and delivered to the

requested destination. He was a member of the Inland Lake Snowmobile Club for many years helping out and doing fund raisers. Woody also joined the American Legion Post 228 of Boyne City. Being a World War II vet, he recruited other veterans to join the post and had the honor of serving in the Color Guard, playing TAPS at veteran's funerals. Woody was still actively doing this until late this past summer.

He met a lovely lady,

Wilma Socia, shortly after the death of his wife, Vernie, in 2001. Woody and Wilma spent 16 fun filled years together as companions, caring for one another, traveling, socializing and enjoying each other's company. Woody always referred to Wilma as his "Angel" and she was with him when he

passed away.

One of Woody's special moments was when he was selected to go on the Honor Flight to Washington a few years ago. He greatly enjoyed the comradery of his fellow vets and all the people along the way that honored them. Woody was so proud that he was a World War II veteran, wearing his decorated cap wherever he went.

The Boyne City Community will surely miss Woody's voluntarism especially this time of the year when he and Wilma could be found ringing the bell for the Salvation Army's "Red Kettle".

Woody had a way with people, getting them to talk and enjoy themselves. He carried this with him to the Care Center giving patients a little dose of "sunshine'.

Woody is survived by his dear friend, Wilma Socia and her 3 daughters, his sistersin-law and brothers-in-law, June and George Vargo, Mary Jo and John Parker and many nieces and nephews. He had many wonderful and caring friends.

In Lieu of flowers, memorials can be made in his name with donations to Eversight, a non-profit organization to restore sight and prevent blindness through the healing power of donations, transplantation and research, formally known as the Michigan Eye Bank started by the Lions Club of Michigan. The address is: Eversight, 4889 Venture Dr., Ann Arbor, MI

Even in death, Woody will continue to help people. Per his request, his body was donated to the University of Michigan Medical School.

A funeral memorial Mass will be offered for the repose of Woody's soul on Dec. 27 at 10:30 am at St. Francis Xavier Church in Petoskey, with Fr. Dennis Stilwell as celebrant and Reverend Jeff Ellis, Pastor of the Walloon Lake Community Church giving the Eulogy. After Mass, The American Legion Post 228 will give Woody the honor of a Military Memorial in church. Following this ceremony, all of his family and friends will have a chance to get to gather and celebrate his life and enjoy a lunch sponsored by the ladies of the Church in the Parish Hall.

#### James "Jim" E. Spang, 75

(JAN. 25, 1942 - DEC. 15, 2017) Loving husband and fa-

ther, James "Jim" Edward Spang succumbed to pancreatic cancer in



his home surrounded by his family on December 15, 2017. Jim was born on January 25, 1942 in Dayton OH to the late Daniel and Eleanor (Yahle) Spang Jim was a 1960 graduate of Chaminade Catholic High School and later joined the Ohio Air National Guard as an aircraft mechanic. On February 17, 1968, he married the love of his life Margaret Lee "Peggy" (Nartker) Spang also of Dayton. They moved to Charlevoix in 1972 where he built their home and raised their family. He worked for Lexalite Corporation for nearly 30 years and built plastic injection molds as a tool and die maker and retired in 2002. Jim enjoyed many interests, with his family, throughout his life including flying his Cessna, modifying cars, camping, canoeing, golfing, pistol shooting, scuba diving, traveling, skiing, boating, and participating in the local car clubs.

Jim was preceded in death by his infant daughter Mary, his sisters Mary Thompson and Dee (Donald) Canby, and brother-in-law Richard Hallert. He is survived by his devoted wife Peggy of nearly 50 years; son Daniel (Lisa) Spang, and daughters Amy (Ronald) Yesney, Margaret "Meg" (Nicholas) Ward, and Ann (Adam) Houck; grandchildren Ashton, Breanaka and Cheyana Spang, Colton, Shelby and Weston Yesney, Elijah, Isaiah and Samuel Ward, and Lucas Houck; brother David Spang, sister Kathleen Hallert, and brother-in-law Blair Thomp-

His funeral Mass was held on Tuesday, December 19, 2017 with Fr. Peter Wigton officiating. Jim will be laid to rest at St. Mary's Cemetery in 2018.

In lieu of flowers, memorial contributions in Jim's name may be directed to Hospice of Northwest Michigan, Street Legends Car Club Charity Fund, or to St. Mary Catholic Church for Masses.

A special thank you to Hospice of Northwest Michigan for their support, guidance, and care. Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes. Online guestbook at www.mortensenfuneral-

homes.com.

### Hospice of Northwest Michigan welcomes new Executive Director

On October 9, 2017, April Lamb was hired on to be the new Executive Director for Hospice of Northwest Michigan. This non-profit entity serves to provide outreach and support for the patients of the Medicare-certified Hospice program at Health Department of Northwest Michigan. April will be working very closely with Tina Lamont, director of the Home Health and Hospice program, which provides direct skilled care services to residents in northern Michi-

Lamb's passion for healthcare started when she was 14 years old, working with her father to build a surgical tools business out of the family garage in Sault Sainte Marie, MI. Lamb attributes her work ethic and passion for serving the community to

"I saw what his hard work accomplished, and how his investment in the community made a difference. It made me want to do good, too," Lamb said. "I'm excited to have this opportunity to give

that time spent with her dad.



April Lamb was hired on to be the new Executive Director for Hospice of Northwest Michigan. COURTESY

back to our community that supports me and my family."

Lamb moved with her husband and three children to the Charlevoix area 3 years ago, when her husband was transferred here as an Active Duty Engineering Officer in the United States Coast Guard.

Lamb is motivated by her commitment to her community, her experience as a military spouse, and her time spent supporting her grandma when she went through hospice.

"It was a good feeling

knowing my grandma was being well cared for, and the support hospice provided for my family was comforting," she said. Her personal experience will help her relate with the families she will be working with in her new position. "With Hospice of Northwest Michigan, it's not iust about the end of life process. It's about letting people know they have choices, and supporting families in whatever way they need."

Lamb has a special passion for working with veterans, since she knows first-hand the unique challenges military families face. She looks forward to fostering the growth of Hospice of Northwest Michigan's "We Honor Veterans" program.

Lamb has a B.S. in Healthcare Administration from Ashford University, and has worked previously for the Health Department of Northwest Michigan and McLaren Northern Michigan.

"April's experience in healthcare administration will help this organization

continue to grow. We are looking forward to building our volunteer board and strengthening our relationship with the health department," said Lisa Ashley, board chairperson for Hospice of Northwest Michigan.

'We are delighted to have April with us. Her passion for meeting the needs of our Hospice community is apparent in her daily activities," said Tina Lamont, Director of Home Care and Hospice of the health department.

Lamb said she is honored to be a part of such an amazing team of caregivers and volunteers and shares their dedication to providing comprehensive care for patients and families. "This job will push me out of my comfort zone and give me an opportunity to grow. But I know it's everything I've been searching for in my healthcare career and I'm ready to get started."

For more information about Hospice of Northwest Michigan, visit www.hospicenwm.org or call 231-547-

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### **Celebrate the Christmas Spirit**

By Jim Akans

When Andy Williams voice rings out the lines of the Edward Pola and George Wyle penned Christmas classic "It's the Most Wonderful Time of the Year," there is no mistaking the heartfelt joy and elation he feels embracing the Christmas spirit. As with many holiday song and movie classics; the words, sentiments and message reaches into the soul and kindles those feelings that it's okay to share a smile, laugh, hold open a door, and extend those simple gestures of kindness.

The Christmas spirit is a testament that even amid the fast-paced, electronic networking, media centered era we live in there remains a collective longing for the fellowship, compassion and love the Christmas season brings to light every December. For a while it's okay to look up from that phone or tablet and experience a world around focused on giving to others. It's a time to appreciate community in a much too global world.

For that's what the spirit of Christmas is about. It is a celebration of the birth and love of Jesus Christ. A time for reflection, gathering together with friends and loved ones, giving from the heart and reveling in the excitement of seeing others receive. It is about hugs, stories and remembrances, comforting hearts and revealing

It is most certainly about the children who sense the Christmas spirit on a whole different level.



Celebrate the Christmas spirit! WIKIPEDIA COMMONS FILE

There is simply no joy grander than seeing the beaming faces of children on Christmas morning. They also see grown-ups regain a sparkle in their eyes.

It is about sharing lots of great food - pies, cakes, fudge, cookies, candies, punches, roasts, hams, mashed potatoes, casseroles, chips, nuts, fruits...at least a little fruit. From Thanksgiving until New Year's it's okay to stop counting calories. It's the perfect set-up for making a resolution a week later about turning those scales counterclockwise in the early months of the New Year.

The Christmas spirit can also be felt where people gather together for parades, tree lighting ceremonies, Main Street celebrations, holiday concerts and plays, in

churches and at candlelight services. The message is clear - love and cherish one another regardless of our faults and differences.

Celebrate the Christmas spirit. We all share this earthly real estate and at Christmas we are reminded that we travel spaceship Earth together, so let's enjoy the journey. Take to heart that this truly is "the hap-happiest season of all.

"Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful." Norman Vincent Peale

"One of the most glorious messes in the world is the mess created in the living room on Christmas Day. Don't clean it up too quickly." Andy Rooney

Merry Christmas!



### **Great Lakes Energy employees** help local charities

Great Lakes Energy employees donated \$2,912.50 along with food and toys to the Boyne Area Community Christmas program. Money was raised from a raffle and silent auction that included donations from employees and local businesses. From left are Megan Healey, Nicole Youngs, Julie Bailey, program volunteer

Diane May, Vicki Farrell, program volunteer Laura Moore and Erin Matelski. Other auction and raffle proceeds were donated to the Brave Hearts Estate in Petoskey, Otsego County Food Pantry in Gaylord and the Community Lighthouse in Mancelona.

### Ellsworth kicks off the Christmas season

**By Tina Sundelius** 

The small village of Ellsworth has been celebrating the Christmas season last week in a big way. Saturday the Lions and Lioness' opened the township kitchen to anyone and everyone for the annual Breakfast with Santa. Santa met



Lions Dave Heeres and Tom Spearing prepare secret recipe pancakes at Ellsworth's Breakfast with Santa Saturday.

with children to hear their Christmas lists with the smell of eggs, pancakes and sausage in the air. Each child was given a sweet treat from Mrs. Claus and a stuffed toy from the Lioness'. The event was free

On Wednesday community members gathered outside the township hall to

sing Christmas carols while the Banks Township Citizen of the Year, Hugh Campbell, lit the tree. The crowd then migrated out of the cold into the hall for a community pizza party provided by local caterers A Matter of Taste, the Nugget and Ellsworth Market. Twister Joe provided balloon attire and toys for the kids waiting impatiently in line as a concert played by the Pine Lake Winds directed by Ev Wujcik filled the hall that has been newly equipped with acoustic panels, to everyone's delight.



The Pine Lake Winds provided upbeat Christmas music as well as a musical interpretation of the classic poem, The Night Before Christmas, at the Ellsworth Woodenshoe Festival.



hoping for on Christmas. Mrs. Clause, Donna Holt smiles at Cole's Mom



Luke Essenberg, Jack Puroll and Nolan Essenberg were first in line for Santa beards and pizza at the Ellsworth Woodenshoe Festival Wednesday night

#### BOYNE CITY POLICE DEPARTMENT WEEKLY INCIDENT REPORT

1748

rant for CSC.

**MONDAY DECEMBER 4. 2017** 0921 Alarm in the 400 block of S Park St

1204 Harassment complaint from the 1000 block of Boyne Av 1436 Vehicle unlock at the airport. 1515 Trailer broken down on Brockway.

> Tuesday, December 5, 2017 Report of a tree blocking

0411 Boyne Ave in front of the high school. Located branch at Boyne and High that was easily removed. No other trees. 0528 Report of a tree blocking the road Marshall and Lakeshore. 0550 Alarm on Lakeshore Dr 0601 Tree and lines down W. Divi-

sion and Leroy St. Property damage crash at W. Division and Leroy. Vehicle vs falling tree. Report of a tree down,

blocking and laving on lines across Anderson near Marshall. Assist citizens in the 200 0933

block of Trent St Report of tree fallen into a second tree and both looking like they could fall across W Michigan just inside the city limits. W Michigan closed between Charlevoix and Robinson until trees could be removed.

Tree down blocking road on 1036 Collings 1507 Juvenile complaint in the 1000 block of Boyne Av. 911 hang up on Brockway Civil complaint in the 500 1549

block of N Lake St. private property damage crash in the 400 block of N Lake St. Report of stolen snow blower from E Cedar St. Repair company picked up snow blower from the wrong residence. 1853 Driving complaint on Lake at Lower Lk. 2232 Citation issued for disregard-

ing stop sign at Lexamar Dr and Air Industrial Wednesday, December 6, 2017

0041 Alarm in the 100 block of E Main St Property damage crash at 0621 Lexamar Dr and Air Industrial. Alarm on Maddy Ln. 1240 1409 Assist EMS on W Ann. Arrested subject on warrant in the 300 block of N Lake St 1726 Property damage crash on S Park near Ray St. Assist with "Lights for Love"

Lodged a stray dog found

walk on Water St.

Lake. 2328 Suspicious situation on N Lake St

Thursday, December 7, 2017 2014 Vehicle unlock, 432 North St.

FRIDAY DECEMBER 8, 2017 0017 Assist Sheriff Dept. on 131. 1059 Walk-in CSC report at the

PD. Vehicle unlock in the 700 1314

block of State St Report of PPO violation in 1428 the 300 block of E Division. Unfounded. Assist EMS in the 300 block 1515

0750 Civil dispute reported at PD. Arrested subject on our war-

Embezzlement from the 1300 block of Boyne Av Alarm in the 300 block of 2010 Bay St. 2355 Assist EMS in the 1100 block

of Charlevoix St Saturday, December 9, 2017

Domestic disturbance reported in the 700 block of Wenonah, Arrested subject on FOC warrants from Antrim County

0547 Assist Sheriff Dept. in Boyne Falls

0617 Vehicle unlock on W Court 0735 Property damage crash at Pleasant and Division

Vehicle unlock in the 300 Report of a possible Domestic disturbance in the 200 block of North

Child abuse reported on 1159 Pearl St. 1919 Arrested subject on W Water St on a full extradition warrant out

of Texas. 2114 Domestic disturbance in the 1100 block of West St. Arrested subject for DV and on an outstanding warrant.

Sunday, December 9, 2017 Report of a very intoxicated subject walking up and down the street

in the area of S. Lake and Main. Unable to locate. 1731 Harassment complaint from

pearl St 1750 Car deer crash on Division

near Contractor Dr. 1847 Report of suspicious tracks on North St.

BY MICHAEL ROIZEN, M.D., AND MEHMET OZ, M.D.

#### Mental gymnastics to improve working memory

What do Charlize Theron, Jim Carey and Nicole Kidman have in common besides memorizing scripts, learning lines and making movies? They all have dual citizenship: Ms. Theron is a dual citizen of South Africa/USA; Jim Carey, Canada/USA; and Ms. Kidman, Australia/USA.

If you want to double up your brainpower so you can memorize lines or just a shopping list, researchers at Johns Hopkins say dual learning is the key. Their recommendation: a program called "Dual N-Back" that strengthens your working memory by up to 30 percent.

Dr. Mike has long been a proponent of Double Decision, a brain game that improves brain-processing speed. (Research has shown that it can decrease dementia in 73to 83-year-olds by over 33 percent when practiced for five weeks.) Dual N-Back is an excellent complement to that. It works on a similar principal of exercising your short-term memory and challenging your recall. As you progress through Dual N-Back, the levels become more and more difficult, just like Double Decision, and your brain becomes more and more used to flexing its muscles in your prefrontal cortex.

So, to improve your sharpness and upgrade your executive function (it manages learning and decision-making) check out these intriguing programs. The demos for both are free, but Double Decision has a small maintenance fee. You can explore it at www.brainhq.com. The Dual N-Back program carries no charge unless you want to contact the developers and customize your own scalable features into the program. Check it out at https://dual-n-back.io/.

#### **Should you get** screened for lung cancer?

Last September, CNN host Larry King announced that he'd recently

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



been treated for lung cancer. Luckily, doctors had caught it at stage 1, after detecting it with a CT scan followed by a PET scan. King underwent surgery to remove the tumor and 20 percent of his lung on July 17. Two weeks later, he was back at work without needing chemother-

Unfortunately, until recently, only 16 percent of lung cancers were diagnosed early. That's one reason lung cancer is up there with digestive cancers as the most lethal; 155,870 people are expect to die from the disease in 2017.

The great news is that if you're at high risk for lung cancer, you can have a low-dose CT scan and detect the disease early on. That slashes the risk of death from lung cancer by 20 percent! To spread the word, the American Lung Association has launched Saved by the Scan; they urge you to go to www.lung.org and take a quiz to see if you're a candi-

What puts you at high risk? Quitting smoking recently is a reason to get tested, especially if you smoked in the past 15 years or smoked one pack per day for 30 years. So is chronic exposure to secondhand smoke or to radon (have your home tested), exposure to certain industrial pollutants (asbestos, chromium, arsenic and nickel) and a family history.

And remember, it's never too late to quit. Go to www.lung.org to join "Freedom From Smoking" or search for YOU Can Quit at sharecare.com.

#### **New guidelines** for managing

#### lower back pain

"The Blair Witch Project" (1999), "The Others" (2001) and "Halloween" (2007) are spine-tingling horror films. While they've raked in a total of \$595.9 million at the box office, if that's not a sensation you want to experience, you can just walk away.

Unfortunately, it's not that easy to avoid the spine-dinging ache of low-back pain. Over 80 percent of Americans contend with LBP at some point, often from arthritis, heavy use at work, doing sports, or following an accident. So what's been the go-to solution? First a NSAID or other anti-inflammatories, then a scan and opioids. They are the treatments that Medicare/insurers push.

Well, that's about to change — we hope. New clinical practice guidelines from the American College of Physicians recommend that doctors move away from scans and prescribing drugs, and embrace nonmedicine based treatments for LBP, including yoga, mindfulness and cognitive behavioral therapy. Why? According to a Canadian review, for 95 percent of LBP patients medical interventions are no more effective than placebo! This echoes a study from 2016 in the Annals of Internal Medicine that found that massage, tai chi, yoga, physical therapy and acupuncture were effective therapies.

So if you're knocked off your feet with LBP, ask your doc about nonmedicine-based treatments. If the pain lasts more than six weeks, then you should be referred to a specialist and get an MRI. We bet Medicare/insurers also will embrace this effective, cost-saving approach! (LBP costs the U.S. over

\$100 billion annually; two-thirds of that in lost productivity and decreased wages!)

#### Mindfulness for weight loss

On an episode of "Brooklyn Nine-Nine," three of the crew go on an extreme diet from Park Slope Portions, a meal-delivery service. Scully (who's not on the diet) reminisces about diet pills from the 1970s. Terry, who's doing the diet, says "Weight-loss science has come a long way since then." He pulls out his pre-delivered lunch — a carrot in a bag — and reads the label: "Ingredients: carrot. Gotta respect that."

We all know someone who's gone to nerve-wracking extremes to lose weight. But more and more research is showing that there's a way to shed pounds that's the opposite of stressful and it's more successful: mindfulness. A new analysis of 19 studies that included 1,160 participants found mindfulness-based interventions are effective in improving eating behaviors and are linked to better weight-loss

So here's how to make mindful eating work for you. The key is being aware and present in the moment. Apply these tips to your meals and snacks:

-Think about what you're eating and why.

-Ask yourself as you're eating if and when you feel satisfied.

—If you're making unhealthy choices or giving in to cravings, ask vourself why that might be and think about how you feel in that moment.

As you start to feel more aware of

being in the meal moment, you'll become more empowered to make healthier choices and won't have to go to the "Park Slope" extreme. Check out Sharecare.com to learn more about mindfulness and see if you can make meal-moment mindfulness a habit.

#### When red (meat) means dead

In the 1950s and 1960s, the American Cold War slogan (back when Vladimir Putin was learning judo in Leningrad), "Better Dead than Red" meant that anything was better than living under Communist rule, red being the de facto color of the U.S.S.R. and communism.

Fast-forward to the 21st century: A new observational study could have the slogan, "You'll be Dead if You're Eating Red (Meat, That Is)."

Researchers tracked more than 500,000 people, ages 50 to 71, over 16 years and found that the top 20 percent of red-meat eaters had a 26 percent higher risk of dying from cancer, heart disease, respiratory disease, stroke, diabetes, infections, or kidney or liver disease, compared with the lowest 20 percent of red-meat eaters.

But the stats on white meat (skinfree poultry and fish) delivered a nice surprise. Those who ate the most (unprocessed) white meat had a 25 percent reduced risk of mortality over the course of the study, compared with those who ate the least white meat!

On the other hand, red and white processed meats, especially those high in dietary heme iron and nitrate/nitrites were "independently associated with increased risk of all-cause mortality." They also heighten the risk for Type 2 diabetes.

Your tip? Lean, unprocessed white meat, as well as plant protein like nuts and beans, can be the foundation of a healthy diet. Opt for no more than three servings a day of 3-6 ounces of white meat and make sure to dish up seven to nine servings of fresh produce daily.

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

(c) 2017 Michael Roizen, M.D. and Mehmet Oz, M.D.





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#### LOTTERY

Hockey said she called to share the good news with her fiancé, who caught the next flight off Beaver Island for the 25 mile trip to Charlevoix, where the two celebrated their windfall with friends.

The weather turned nasty, however, and all return flights to the island were cancelled, leaving the couple stuck on the mainland for a few days, but they were able to keep busy.

"We both needed new vehicles, so we went and bought them while we've been stuck on the mainland," Hockey said, noting she hopes her new washer and dryer can

Resale Shop

also be shipped to the island before the ferry stops run-

Hockey traveled to lottery

headquarters in Lansing last week to claim her half million dollar prize, which she said she also plans to share with family members. Lottery officials said more

than \$12 million has been won so far by those playing the Platinum Wild Time game, which hit the stands in October. Players can win between \$10 to \$500,000, with more than \$34 million in prize winnings remaining, including two other \$500,000 prizes, 80 \$10,000 prizes and 160 \$1,000 prizes.

There are 11,000 Michigan lottery retailers throughout the state.







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### News

EAST JORDAN CITY COMMISSION MEETING DEC. 19, 2017

### New park and facility rental rates approved

**By Krystal Johnson** 

EAST JORDAN — The East Jordan City Commission received a presentation of the 2016/17 fiscal year audit at Tuesday evening's meeting and approved the 2018 season rate changes for park and city facilities.

In the upcoming year, Civic Center rates and rentals will now be separated by use of the front room and gymnasium, with half day rates for residents starting at \$50 and \$75 respectively. Elm Pointe rates will also increase for those looking to use a tent onsite. City Administrator Tom Cannon said the rate increase is

In the upcoming year, Civic Center rates and rentals will now be separated by use of the front room and gymnasium, with half day rates for residents starting at \$50 and \$75 respectively.

due to the added time it requires for tents to be set up and taken down. Residents looking to rent at Elm Pointe with a tent will be able to do so for \$750; non-residents will be able to rent for \$1000.

Following the regular business at Tuesday's meeting, the commission heard from David Muladore, the welding teacher at East Jordan Public Schools.

Muladore approached the city with a design for bicycle racks that he would like his students to make and have installed downtown. He said that while his second year welding students can provide the labor to complete the project, they will need the cost of materials to be supplied.

The commission came to a consensus to have Muladore

present the bicycle rack project to the Downtown Development Authority.

Before the meeting's end, Cannon reminded the commission and public that the December charrette that had been cancelled due to hazardous weather conditions has been rescheduled for January 10 from 6-7:30 p.m. in the front Civic Center room. A final presentation event will also take place on January 24 at the same location and time.

The next regular meeting of the East Jordan City Commission is scheduled for 7 p.m. Tuesday, January 16, 2018, as the January 2 meeting has been canceled.

#### SENTENCING

tion of the officers "really fast" and "almost hit a male officer.'

Kaminski fired his weapon at Martin's truck three times, striking Martin, who stopped his vehicle immediately.

The elder Martin was later treated at Mc-Claren Northern Michigan Hospital for a gunshot wound to the arm, which was the only injury reported during the incident.

Eyewitnesses agreed the shooting was "in self-defense," stated Charlevoix County Prosecuting Attorney Allen Telgenhof in a piece last year for the Charlevoix County News.

Due to a conflict of interest, Telgenhof said he was not the prosecutor for Martin's case, which instead was handled by Cheboygan County Prosecuting Attorney Daryl Vizina.

Staff at Vizina's Cheboygan office said that as of Tuesday, December 19, a sentencing date for Steve Martin has not yet been sched-

Jared Martin was sentenced earlier this year to spend six months in jail for driving drunk and resisting arrest at the time of the October, 2016 incident. .

Boyne Falls Public Schools

#### **STUDENT** OF THE WEEK **Alexis Katz**

Grade: 3rd

Parent's Name(s): Michelle Swem and Adam & Kate Katz

What do you want to be when you grow up?: Alexis is uncertain what she would like to be when she grows up.

Favorite Book: Her favorite books are the Judy Moody books.

**Hobbies and Inter**ests: She enjoys softball, gymnastics, and jumping on her tram-

**School Activities:** At

school she enjoys math, reading, and writing.

Staff Comments: Alexis is a pleasure to have in the classroom. She puts her best effort into everything she does. She is a kind, caring, and compassionate member of our classroom and the Boyne Falls School community. Alexis is the definition of a good friend. Keep making us all so proud, Alexis!

Submitted By: Beth Meier

#### AWARDS

FROM PG. 1A

Governmental Accounting and Financial Reporting.'

Mr. Verlin further stated tnat tnis nationwide award has been earned by only about 1% of the local governments in the State of Michigan. Boyne City Manager Michael Cain remarked that earning this award is another indication that the citizens and taxpayers of Boyne City can be confident on how their tax dollars are being used and reported and that the City's procedures, practices and transparency are at the forefront of all governments in

the country.

He added, "The receipt of this award reflects the professionalism and commitment of numerous individuals as well as many hours of hard work. It also reflects a high degree of dedication and leadership on the part of the Boyne City's City Clerk and Treasurer, Cindy Grice, the Boyne City City Commission and the entire Boyne City team."

Boyne City's current budget and most recent audit are available for review at the Boyne City Hall, the Boyne District Library or on the City's website at www.cityofboynecity.com.

### "Doing the Most Good" — Gaylord Salvation Army Family Store offers shopping and community value

By Jim Akans

The Salvation Army Family Store and Donation Center in Gaylord is a win-win for both area shoppers and for the local community. The shop, which opened in the autumn of 2012, is under the direction of store manager Joe Goman, who recently joined the Gaylord staff. Goman has five years of retail experience and started working at the Salvation Army warehouse before being promoted to Assistant Manager and then Store Manager. He has lived in Gaylord since 1991.

"Our goal is to make the shopping experience for our customer's even better,' Goman stated. "We now have lower prices to offer the community a great place to shop for a wide variety of affordable items."

Net proceeds from store sales are utilized to help fund the work the Salvation Army does in this community for those in need.

Brian Jergenson, Business Manager for Salvation Army in Otsego County, affirms, "In Otsego County, much of the funding we receive is used to help residents in need of assistance for paying utility bills. We work in cooperation with First Call for Help and the Otsego Housing & Homeless Coalition and other community service organizations in assisting individuals and families in need. Working in cooperation with the Red Cross and local community responders we also provide disaster assistance for shelter and food. On a



Store Manager, Joe Goman (at left) and Processor, Jake Phillips, prepare items to go out to the showroom at the Gaylord Salvation Army Store. PHOTO BY JIM AKANS

more limited basis, we offer help for paying for prescriptions and gas vouchers."

Those seeking services can visit Jergenson at his new office location in the Otsego County United Way Building on Fifth Street in Gaylord. To make and appointment, call (989) 448-2357.

The Gavlord Salvation Army Family Store is critical component in supporting the Salvation Army's mission of "Doing the Most Good." The store currently provides emproyment for approximately 14 people and is looking to increase that staff.

Goman notes, "We have recently added to our staff to allow us to get even more merchandise out on the floor for our customers."

Shoppers are impressed with the stores clean, well lit and organized atmosphere, as well as the outstanding values that can be found

among the huge variety of items ranging from men's, women's and children's clothing, books, DVD's, household and kitchen ware, toys, and even large items such as furniture, televisions and appliances.

Weekly specials offer even more value to shoppers. Those include discounts for Senior shoppers every Wednesday and discounts for those serving or who have served in the military on Thursdays. Items throughout the store are marked with color tags and each week the featured discount color is posted on the front door. Clothing items with that color tag can be purchased at half-off during the week, or at five for \$5 on Friday and Saturday. In keeping with the organizations mission of "Doing the Most Good," clothing items that aren't sold are baled and sent to 3rd world countries.

Jergenson, Goman and the entire staff at the Salvation Army Family Store and Donation Center in Gaylord express their gratitude to the community for their donations, for shopping at the store, and for helping others in fulfilling the non-profit, Christian centered organization's mission to "Do the Most Good."

The Salvation Army Family Store is located at 919 S. Otsego Avenue in Gaylord. and is open Monday through Saturday from 10 am until 7 pm. For those wishing to drop off items for donation (this is especially welcome during the slower first few months of the year), they can stop by between 9 am and 7 pm Monday through Saturday - phone (989) 448-

#### REMARKS

FROM PG. 1A

To earn the Certificate of Achievement for Excellence in Financial Reporting, the City of Boyne City had to substantially conform to the program's demanding criteria, which go well beyond the minimum requirements of generally accepted accounting principles.

The receipt of this award reflects the professionalism and commitment of numerous individuals as well as many hours of hard work. It also reflects a high degree of dedication and leadership on the part of the City Clerk of Boyne City's and Treasurer, Cindy Grice, the City Commission of Boyne City and

the entire Boyne City team. The Government Finance Officers Association hopes that this award to the City of Boyne City

will serve as an example and encourage others to strive for the same high standards in their own financial reports.

Therefore, it is my privilege, on behalf of the Government Finance Officers Association, to present to the Mayor Tom Neidhamer on behalf of the City Commission of Boyne City, City Clerk and Treasurer Cindy Grice in recognition of her efforts and those of Boyne City's Staff this Certificate of Achievement for Excellence in Financial Reporting.

Congratulations!

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### Hidden Treasures

**Northern Michigan Treasure Hunter's** Guide to area antique, consignment, resale and thrift shops

#### CHARLEVOIX

**Bergmann Center Resale Shop** 8888 Ance Road Charlevoix 231-547-9624

www.bergmanncenter.org

Kelly's Antiques & **Furniture Barn** 06176 Old US 31 S., Charlevoix 231-547-0133 www.dkellyantiques.com

#### **EAST JORDAN**

**Crossroads Resale Shop** 205 Water Street., East Jordan 231-536-7606

**ELLSWORTH** 

231-588-2208

thegoodsam.org

**Good Samaritan Furniture & More Store** 6519 Center St., Downtown Ellsworth

**Good Samaritan** 9746 Main Street, Ellsworth Open Tuesday thru Saturday 231-588-2208

#### **FREDERIC**

**Pineview Military Surplus** 7328 Old 27 North Frederic

**ELLSWORTH** 

thegoodsam.org

#### **GAYLORD**

The Resale Shop 1961 South Otsego, Suite A

(next to Ace hardware) 989-731-4305, 989-370-3677 Hours: 10am - 6pm, Mon. - Sat

#### **Salvation Army Family Store**

919 S. Otsego Ave., Gaylord 989-448-2357

#### **GRAYLING**

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#### HARBOR SPRINGS

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News

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#### Boyne City Board of Education Superintendent evaluation results

The Boyne City Board of Education is pleased to announce the results of Superintendent Patrick Little's recent annual evaluation. Conducted in regular session, the Board overwhelmingly found his performance as "Highly Effective".

"Pat Little's calm demeanor and heavy educational background provides an excellent framework to continue the positive trajectory towards excellence for our students and our community," commented Alison Mellon, Board Trustee.

"His thoughtful, organized approach to the District - everything from oversight of the finances to developing a comprehensive strategic plan - indicates this Superintendent is firmly focused on results for the children and the District as a whole," remarked Board President Ken Schrader. "Pat has integrated new ideas, theories, and data into our educational process here at Boyne City Schools. The result is a comprehensive educational plan for

our Ramblers of today and tomorrow."

Superintendent Pat Little responds, "I am appreciative of the Board's work on my evaluation and their support. The process is very detailed for the evaluation, taking many points of evidence into consideration and using a research-based rubric to come to their conclusions."

He continues, "I believe that my skill set continues to be a tight match with the needs of Boyne City Schools. Each day, leading this District is an honor. Being a Rambler is about the spirit of togetherness, purposeful engagement, and a focus on meaningful learning for all students."

Pat's contract was extended by one year. Currently, he has a three year contract expiring June 30, 2020. As a result of the Board's action, his contract will now expire June 30, 2021. Any compensation change will be decided this June.

### **NORAD tracks Santa's Christmas Eve journey**

By Jim Akans Kids of all ages can enjoy the thrill of following Santa's Christmas Eve journey, and make sure to be safely tucked in before St. Nick reaches their home. This up close look at Santa's progress from the North Pole is made possible by the high-tech tracking capabilities of the North American Aerospace Defense Command (NORAD). NORAD is a United States and Canada bi-national organization charged with the mission of aerospace warning, aerospace control and mar-

itime warning in the defense of

North America.

Tracking Santa's Christmas
Eve journey started in 1955 when
a local media advertisement directed children to call Santa direct – only the number was
misprinted. Instead of reaching
Santa, the phone rang through to
the Crew Commander on duty at
the Continental Air Defense Command Operations Center. Thus
began the tradition, which



LOGO COURTESY OF NORAD PUBLIC AFFAIRS OFFICE

NORAD carried on since it was created in 1958. As technology has developed, NORAD has used satellites, high-powered radar, jet fighters and special Santa cameras to track Santa Claus as he makes his journey around the world.

Today, excited children have a new and improved resource for monitoring Santa's journey to their chimney or doorstep. Children, (and curious adults), can take a peek at a special website; www.noradsanta.org, which features a look at Santa's North Pole Village and updates the progress of Santa and his team of reindeer on Christmas Eve.

The site is already active and features Santa's North Pole Village, which includes a holiday countdown, games, activities, and more. Official NORAD Tracks Santa apps are also available in the Windows, Apple and Google Play stores, so parents and children can countdown the days until

Santa's launch on their smart phones and tablets. Tracking opportunities are also offered on Facebook, Twitter, YouTube, and Google+. Santa followers just need to type "@noradsanta" into each search engine to get started.

Now NORAD's main job is to monitor the airspace and maritime area covering the United States and Canada using some very powerful satellite and radar equipment. It's a big and very important responsibility, and NORAD helps to keep us safe on a 24/7 basis. At Christmas time, however, NORAD continues a 61-year tradition of letting us know how Santa is doing with his journey of bringing smiles to the faces of children across the

Have a very, merry Christmas!

#### LETTERS TO THE EDITOR

Letters may be submitted by e-mail to office@Charlevoix CountyNews.com

IN THE SHADOW OF LIBERTY To the Editor,

East Jordan, Michigan, Save-A-Lot shopping plaza, one town among hundreds of thousands across the USA, in the entryway hosts a box for non-perishable foods to be distributed to homeless school kids. Entering the grocery store one finds a rack containing bags to be filled with groceries and essentials for families in need at cost of \$5-6 then placed on a shelf for distribution with donors' nametags.

This is occurring in many or most towns, certainly cities, across America now at a time when tax cuts for the wealthiest are being rushed through legislation and political battles rage over who gets what. A glance at the inscription on the Statue of Liberty in the New York Harbor begets the welcome to the free world poem beginning with Send me your tired, your poor, your huddled masses yearning to be free... That invitation was literally proffered and received during the Postwar-Great Depression era. That promise still exists to variable availability. Third and fourth generation people of immigrants now struggle to feed their children. The Great Recession, caused by reckless banking practices, was a near replay of the real thing. Without bailouts for financial institutions and stimulus allocations for citizens, the repeat was inevitable. The residual effects still linger. US government leaders seek to perpetuate this failure to guarantee what is promised.

Capitalistic society is capable of harboring a vast array of solventto-insolvent people from the world's wealthiest to the world's most degraded. Television ads for high-end vehicle leases and Bahama cruises are sandwiched around stories of homeless shelters overburdened with recipients and hobo jungle campfires causing blazing infernos. Unspoken remain the causes of these symptoms of inequality of American life. The full panorama is never presented. Scrubbed smiling faces and glossy magazine pages give us a sprinkling of the vast array of news stories but only the most newsworthy are reported, that is, what looks good to media conglomerates and their market share supporters and subscribers.

This disquisition could as easily be focused on any US town that contains this array of unfair and unbalanced news, which means most towns. Benevolent societies and their recipients know the other side of the story. It might be Traverse City or Eagar, Arizona, each grappling with the unseen echelons of society that can't coexist at the cost and pace of needful positioning amidst the façade of success in commercial residential areas behind which the less fortunate, yes, huddle. Obliviousness coexists with deprivation

Those that make it their mission to minister to the downtrodden are at once respected and dismissed with occasional donations and wishes of success. Certainly many homeless and working poor people like their bottles and other euphoric means of banishing the desperation of the moment. Law enforcement has no need of dealing with causes of insufficient societal needs, focus on symptoms being their main reason for surveillance,

budgets primarily allocated to containing the visible problems created by society's lack. There do exist government programs of assistance for those able to navigate the system, but for this ombudsman type workers are necessary just to untangle the paperwork congeries involved. Most folks are just trying to make a living, maintain their homes and vehicles, are respectful of neighbors and constables, drop a dollar in Salvation Army kettles, discuss the ongoing barrage of social unrest from seats at local businesses. Some buy an empty bag for distribution to the poor and homeless that they somehow never see in person. Life in the small towns is different than it is in the big cities. Invisibility is the norm in the hinterlands whereas blatant in the cities if one looks behind the buildings and billboards. There really are those who make use of the county jails in winter months for "three hots and a cot" to get through the winter. A broken window will suffice for that dubious relief of ninety warm days.

But it's these school kids that

muster the most sympathy since they're the brunt of all the inequality of the social order containing them and live the broken dream from dis-vantage point of reality. Inevitably there are inadequacies to be countered in personal comportment too, some kids having a harder time than others adjusting to contemporary surroundings. Drugs naturally play into this commotional complex and cops and courts are ill-equipped to handle it as the public school-to-prison pipeline verifies. Many persons considered normal and prodigious warm their cars in heated garages cold mornings for the drive to heated offices for the day's responsibilities with little thought of those that have not nor will ever have such amenities. For some a heated garage overnight's lodging would be an improvement over shelter otherwise. That is a thought to consider when chancing to recall the catechism of Liberty.

Mitchell Jon MacKay, East Jordan



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### **News Briefs**

### PETOSKEY 12 ANNUAL WINTER SOLSTICE CELEBRATION

December 21, Crooked Tree Arts Center. Live music from 5 – 7pm at local restaurants, including Beards: Boundary Water, POUR: Chris Michels, Roast and Toast: Liz Thorp, Palette Bistro: DJ Jeffrey Caston and City Park Grill: Owen James TrioEvent. Also a silent auction from 5:30-9:30pm, Kids Movie at 7pm, concert at 7:30pm featuring Seth Bernard, Mark Lavengood, Robin Lee Berry and Katie Lee. Ticket available by calling 231-348-7047 or at Blissfest.org.

#### **CHARLEVOIX CHRISTMAS & HOLIDAY DINNER**

December 22, 11am-1pm, Charlevoix Senior Center. We will have a traditional homemade full holiday dinner with all the fixings, including dessert, live music, and other entertainment.

#### **BOYNE CITY CHRISTMAS & HOLIDAY DINNER**

December 22, 11am-1pm, Boyne Area Senior Center. We will have a traditional homemade full holiday dinner with all the fixings, including dessert, live music, and other entertainment.

#### EAST JORDAN **CHRISTMAS & HOLIDAY DINNER**

December 22, 11am-1pm, East Jordan Senior Center. We will have a traditional homemade full holiday dinner with all the fixings, including dessert, live music. and other entertainment.

#### **CHARLEVOIX CHRISTMAS EVE CANDLELIGHT SERVICE**

December 24, 6-7pm, Charlevoix High School/Middle School. Free

#### **IRONTON CHRISTMAS EVE SERVICE**

December 24, 7pm. Looking for an old fashioned Christmas service? One with all your favorite carols and cookies? We invite you to our candlelight Christmas Eve service. You can join in singing traditional hymns and celebrating the birth of the baby Jesus. Fel lowship with coffee and cookies before heading back out into the crisp evening air. We look forward to seeing you. We are located at 3805 Washington Street in Ironton.

#### **BOYNE CITY COMMUNITY CHRISTMAS** DINNER

December 25, Noon-2pm. First Presbyterian Church. A traditional Christmas meal will be served. Free will donation.

#### **EAST JORDAN CHRISTMAS DINNER**

December 25, 1-3pm, East Jordan United Methodist Church, 401 Esterly. A free Christmas Day buffet dinner will be served Monday, Christmas Day. All are welcome to join us for fellowship and delicious holiday food.

#### **BOYNE CITY** FRESHWATER CONCERTS: THORNETTA DAVIS

December 29, 8pm, Freshwaters Art Gallery/Concert Venue, 217 S. Lake Street. Tickets \$30 in advance and \$35 at the door. Info and tickets, call; (231) 582-2588.

#### CHARLEVOIX **BEACH BASH**

December 29, 6-8pm, Charlevoix Area Community Pool. Grab your swimsuits, lounge poolside, toss some beach balls, and soak in the hot tub. Subs, refreshments and goody bags provided. Reservations required (75 people max.). \$5 per person, children ages 3 and under free. Call the Pool today to ensure your spot: 231.547.0982, or register online at www.charlevoixpool.org.

#### **BOYNE CITY GUN CONTROL DISCUSSED**

December 31, 6:30pm, Lifetree Cafe, First Presbyterian Church, 401 S. Park, The program—titled "Inside the

Gun Debate: To Hunt? To Defend? To Assault?"-features filmed interviews with Tom Mauser, whose son died at Columbine High School, and Michael Lang, a concealed weapon firearms instructor. Admission to the 60-minute event is free. Use the Pine St. entrance. Join us at 5:30 for a potluck. Bring a dish to share.

#### **CHARLEVOIX ANNUAL BRIDGE DROP**

December 31. The Charlevoix Bridge Drop is back and better than ever! Get your creative juices flowing during the Snowman Making Contest (sponsored by Charlevoix Public Library)! Horse drawn carriage rides, s'mores and hot coco, arts and crafts at the Charlevoix Circle of Arts. and a free kid's movie at Charlevoix Cinema III. The greatest New Years Eve Firework Shows will take place at 9pm and midnight!! Many area restaurants will feature Bridge Drop specials

#### **PETOSKEY NEW YEAR'S EVE AT THE ARTS CENTER**

and live music!

December 31, 5-9pm, Crooked Tree Arts Center. New Year's Eve at the Arts Center was established in an effort to create an all age, family friendly, alcohol-free and artistic celebration to launch the New Year. There are experiences in music, theater, art and dance all under one roof, one nightthe building is bursting with creative energy. Whether you prefer to participate in a hands-on workshop or just sit back and enjoy the entertainment-this event is for you! Participants can wander freely throughout the arts center, Petoskey District Library's Carnegie Building and, new this year, Petoskey District Library, and choose among the many offerings for the evening. Performances and workshops are presented by CTAC's instructors, Blissfest Music Organization and Petoskey District Library among others. Admission; \$10 adults and \$5 students (children under 2 are free). for info and tickets.

#### CHARI FVOIX **BLOOD PRESSURE CLINIC**

January 9, 1-2pm, Ameri can House, 615 Petoskey Avenue. Free Blood Pressure Clinic hosted a American House Charlevoix by Hospice of Michigan.

#### HARBOR SPRINGS **GLCO CONCERT; DIVAS: FOR** THE LOVE OF SINGING

January 14, 4-5pm, First Presbyterian Church, 7940 Cemetery Road. Great Lakes Chamber Orchestra presents the areas three most popular vocalists, Amy Joy Cross, Doretta Furstenberg, and Jamie Platte performing as the Dueling Divas! Enjoy the sounds of these talented vocalists as they perform a range of ensembles that will warm your heart. A free will donation will be taken at the

#### WALLOON LAKE **WEDDING SHOWCASE**

January 14, noon-3pm, Talcott Event Center. Come meet vendors who are ready to help you plan your wedding right here in Northern Michigan. Some of the area's most popular wedding vendors will be ready to answer all your questions and book on the spot for your special day. There will be loads of giveaways all event long and one lucky couple will walk away with half-off their The Talcott rental fee (valued at \$1,500).

#### **BOYNE CITY ANNUAL AWARDS GALA**

January 18, 5-8:30pm, Boyne Mountain Civic Center. The Boyne Area Chamber will be honoring several local businesses, organizations and individuals for their contributions to the community. This year's theme is "Toast To The Town," and the event is presented by Korthase-Flinn Insurance and Financial Services. The program is an upbeat gathering with great food and drink, live and silent auctions, live music and the introduction of our Chamber Board members. It

# DAVE Says



**Dave Ramsey** 

#### (Interview follow-up)

What is the proper etiquette after the job interview process? I recently had an interview for a sales management position. I've sent a couple of follow-up emails in the last few weeks, and I know I'm still under consideration, but I'm not sure what to do now.

Krista

Dear Krista Next time, since you obviously have a sales background, how about treating it like a sales call? If you're on a sales call, and the customer needs to perform some due diligence before deciding, a smart salesperson will ask to schedule a follow-up. Ask if checking back on a certain day in the next week or two will work. You don't want to be obnoxious, but you want an appointment of sorts — a time frame — so you'll know when

to follow up without being pushy. In this situation, I would recommend sending another email. You want to walk right up to that fine line that separates bold from obnoxious, because that's one of things a good sales manager should be able to do. Respectfully tell them you understand the decision-making process takes time, but you need to know when you can expect an an-

Use the idea that you're a great sales person, and you're treating this as a professional sales call. And don't be afraid to have a little fun with it. If you're still under consideration, that means they like you. You could even hint at the fact they don't want to hire a sales manager who doesn't know how to follow up! -Dave

### (It's a dream, not a plan)

Dear Dave,

I've been trying to save cash to buy a home, but things always seem to come up that eat away at my savings. I have \$130,000 set aside, plus an emergency fund, and I make \$120,000 a year. I'm debt-free and renting right now, but eventually I'd like to buy a house in the \$300,000 range. I really hate the idea of owing the bank money, so would you advise continuing to save and pay cash, or is it okay to make a big down payment and take out a small mortgage? Megan

Dear Megan,

I love your idea, but right now you have more of a dream than a plan. You'll need \$170,000 to go from \$130,000 in savings to \$300,000, right? So, let's start planning.

If you save \$60,000 a year, it would take you a little less than three years to get there. If you set aside \$40,000 a year, it would take a little more than four years. A little division — just divide \$170,000 by the amount you want to save each year — and you've got the beginnings of plan. A dream is a good place to start, but I want you to develop this into a plan that focuses on a goal. Break this down, and figure out how to achieve it.

I see three ways to achieve this home ownership goal. One, you do the long division math and save like crazy for however many years it takes to save up \$170,000. The second is to put \$130,000 down on a \$300,000 home, and take out a \$170,000, 15year fixed rate mortgage. This is the only kind of debt I don't beat up people for having. The good news is, with your income, you could probably pay it off in half that time.

A third possibility is to buy a

\$130,000 house. Write a check for nice, modest home now, and in five years — saving wildly the whole time, since you'll have no house payments — move up and pay cash for a \$300,000 home.

If I'm in your shoes, that's what I'm doing!

#### (Gift cards for grandkids?)

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Dear Dave,

What's an appropriate amount for gift cards to send each of our five grandchildren for Christmas?

Dear Liz,

How much do you spend on your grandchildren? Enough to make their parents nervous!

Seriously, I think it depends on two things. First, are you two debt-free, or at least able to provide gifts without going into debt or hurting yourselves financially? There's nothing wrong with spoiling the grandbabies once in a while. But don't use Christmas as an excuse to lose your minds, blow your budget, or go into debt every December. The amount you spend on gifts? I would suggest making it reasonable, not over the top, and relative to your income and that of the household in which the kiddos live.

The second thing I wonder about is the ages of all the grandchildren. I can't imagine a four-year-old getting excited over a gift card. So, if that's the general age range we're talking about, have some fun with it! Head down to the store, and really put some thought into these decisions. On the other hand, it might be just the thing for a teenager — especially if you know where they like to shop and hang out. Older kids want to make their own decisions, so depending on the personality of the grandchild, a gift card might be the way to go.

But if your grandkids are still little, please don't give them gift cards. No, grandma. No!

–Dave

\* Dave Ramsey is CEO of Ramsey Solutions. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

always sells out with more than 300 people attending. Tickets; \$50 per person.

#### THREE MEN AND A TENOR

January 20, 8-10pm, Charlevoix Cinema III. Live from Charlevoix presents Three Men and a Tenor. Great pop vocal music, quick-witted humor and overall likeability make this a unique show experience. \$25 admission.

#### **EAST JORDAN ANNUAL CHAMBER MEETING/DINNER/AUCTION**

January 27, Castle Farms. Updates at www.ejchamber.com

#### **BOYNE CITY** INDOOR FARMERS MARKET

Saturday, 9am-noon. Boyne City Indoor Farmers Market is located in the main lobby area of the new City Facilities Building, which is right next to the summer market location in Veterans Park.

#### CHARLEVOIX **COMMUNITY FOUNDATION GRANTS AVAILABLE**

Since it was founded in 1992, the Community Foundation's net assets have grown to more than \$39 million. Grants and scholarships totaling more than \$22 million have been distributed to enhance and enrich the quality of life for everyone in Charlevoix Countyand for generations to come. The Community Foundation welcomes inquiries and grant requests. The next deadline for submitting a grant request is Thursday, March 1, 2018. For a complete list of the recent grant awards, visit the foundation's website at www.c3f.org and click on "What's New," then "Recent Grants."

#### ELLSWORTH **PIG ROAST COMMITTEE SEEKS VOLUNTEERS**

The Ellsworth Pig Roast Committee is looking for an extremely organized and

self-motivated individual to assist with the coordination of the 2018 event. This coordinator position will involve approximately 10 hours of work each week from February to June, 2018. The position will be a contracted position. Interested applicants are asked to submit a letter of interest no later than December 31, 2017, to: Ellsworth Pig Roast, P.O. Box 193, Ellsworth, MI, 49729. If you have questions or would like to see the job description please e-mail.

#### **CHARLEVOIX HOLIDAY CIRCLE MARKET**

The Charlevoix Circle of Arts annual Circle Market from 5-7pm until close of day on December 23. This is a holiday shopping experience that promotes the purchase of original artisan work for holiday gift giving. The market represents intriguing, unique and finely crafted items for purchase. Over 40 artists will be represented with a variety of mediums.

#### CHARLEVOIX **WELLNESS WORKSHOPS**

Held at Munson Healthcare Charlevoix Hospital Wellness Workshop, 411 Bridge Street. Call (231) 437-

3482 for more information. - Hatha Yoga, every Monday and Friday 7:30-8:30am. The yoga sequences, along with breath work and relaxation techniques will assist in building strength, stamina, flexibility, balance, and increasing body awareness. The use of props, blocks, or blankets make poses easily modified to suit the individual. All levels of fitness are welcome and modifications will be provided as needed. The class is taught by Lisa Hepner is a licensed physical therapist assistant with Munson Healthcare Charlevoix Hospital.

- Wellness Wednesday, every Wednesday from 8am-11am. Health screens include: Total Cholesterol, HDL, TC/HDL Ratio, Glucose Level, Body Mass Index Score, Muscle and Fat Percentages, and a Blood Pres-

sure Reading. No fasting is required. However, if you are fasting and LDL and Triglyceride reading can also be obtained. Cost for the service is \$15. Hemoglobin A1C Levels can also be done for known or borderline diabetics for an additional \$10. Participants will receive all test results at the time of the screening and a "Know Your Numbers" log to track progress. A Registered Nurse will adapt health consultation and educational materials to individual results. Walk-ins only, no appointment required.

- Full Body Toning Exercise Class, every Thursday from 5:30-6:30pm. The first class is free as are all yoga and strength training classes. If you enjoy your first class, low-cost punch cards available and are good for any of our classes. Call (231) 437-3482 for more information or email chx-wellness@mhc.net to have our calendar emailed to you monthly.

#### **BOYNE CITY** FREE COFFEE, DOUGHNUTS & LUNCH FOR VETERANS

The community of Boyne City will be hosting a free social gathering for all veterans from 9 to 11 a.m. on the fourth Tuesday of the month at the Boyne Area Senior Center. Coffee and doughnuts will be donated by supportive area businesses. The senior center will also offer free lunches to all veterans on the fourth Tuesday of the month, starting in January. The senior center is located at 411 E. Division St.

#### CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling.

There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

#### NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and support services at no cost to survivors of domestic abuse, sexual assault, child abuse. child sexual assault and adults molested when they were children. Support services include crisis counseling, individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime. contact the WRCNM's main office at (231) 347-0067.

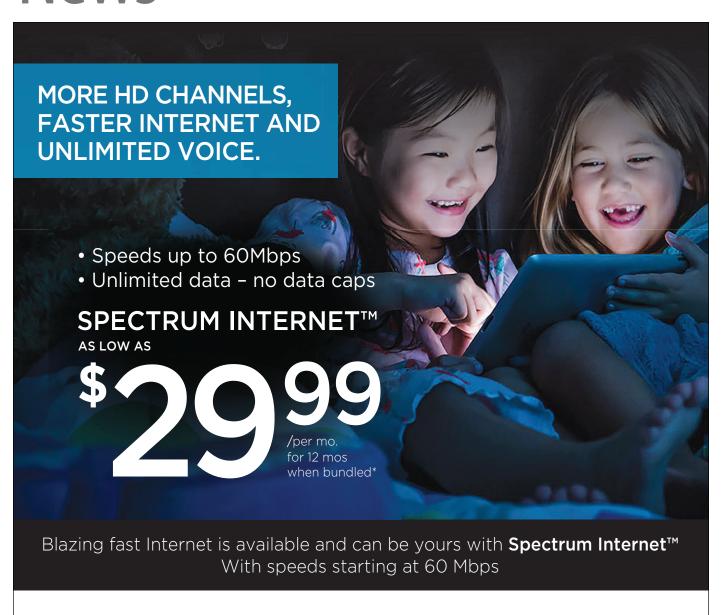
#### **NORTHERN MICHIGAN**

Women's Resource Center of Northern Michigan offers free playgroups for children 0-60 months and their preschool-age siblings. Playgroups help you learn about your child's developmental stages, learn new children's games/activities and share parenting concerns/experiences with other parents and the playgroup facilitator. Playgroups are held in various northern Michigan communities. For current playgroup locations/times, visit www.wrcnm.org or call (231) 347-0067.

#### **BOYNE CITY BOYNE DISTRICT LIBRARY PROGRAMS**

- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.
- Yoga with Reb Andrews 9am every Monday, 8 week sessions/\$5 per week
- Tai Chi every Wednesday, 9am beginners class, 10am advanced class, cost is \$5 per session

The Boyne District Library Book Club meets at 7pm. Information at www.boynelibrary.org.



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2011 EXPRESS VAN 2500 WT



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2010 MERCEDES E 350 AWD \$16,990

Rear View Camera, Navigation, Sun-roof, Heated-Pwr.Seats, Bluetooth, Driver-passenger memory seats for 3 drivers. Santa's New RIDE!



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